

# MENTAL HEALTH REHABILITATION SERVICES TRAINING PLAN #2

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Module #	Topic	Objectives	Length	Method/Staff
1	Behavioral Health 101	<ul style="list-style-type: none"> <li>▪ Staff will explain what behavioral health is, the prevalence of mental illness, and how it impacts daily life.</li> <li>▪ Staff will dispel some common myths about mental illness</li> <li>▪ Staff will learn commonly used and misused mental health terminology</li> <li>▪ Staff will explore facts and data of some common mental health illnesses</li> </ul>	1 hour	<ul style="list-style-type: none"> <li>• Power Point</li> </ul>
2	Recovery Model & Evidenced-Based Clinical Interventions	<ul style="list-style-type: none"> <li>▪ Staff will be able to define recovery.</li> <li>▪ Staff will be able to identify core elements of the recovery model.</li> <li>▪ Staff will be able to describe the 10</li> </ul>	35-45 mins	<ul style="list-style-type: none"> <li>• Power Point</li> </ul>

		<p>guiding principles of recovery.</p> <ul style="list-style-type: none"> <li>▪ Staff will be able to describe the 4 that support recovery.</li> <li>▪ Staff will be able to describe interventions and clinical tools used in recovery.</li> </ul>		
3	Chapter 34 Changes	<ul style="list-style-type: none"> <li>▪ Review Chapter 34 Regulation Changes</li> </ul>	15-30 mins	<ul style="list-style-type: none"> <li>• Power Point (2)</li> </ul>
4	DBH Claims Audit Process	<ul style="list-style-type: none"> <li>▪ Participants will learn what the claims policy says.</li> <li>▪ Learners will become familiar with definitions relevant to the claims process.</li> <li>▪ Staff will learn the different types of audits conducted.</li> <li>▪ Staff will gain an understanding of what the claims process is.</li> </ul>	15-20 Mins	<ul style="list-style-type: none"> <li>• Power Point</li> </ul>

5	Community Support Physician Team Member Bulletin	<ul style="list-style-type: none"> <li>▪ Staff will learn the purpose of this billing code and how it should be used.</li> <li>▪ Clarify the documentation needed to appropriately bill the Community Support Physician Team Member</li> </ul>	10-15 mins	<ul style="list-style-type: none"> <li>• Power Point</li> </ul>
6	Continuity of Care Practice Guidelines for Adult Mental Health Providers	<ul style="list-style-type: none"> <li>▪ To understand the specific guidelines to ensure continuity of care between providers of mental health services and supports to Department of Mental Health (DBH) adult consumers who seek or receive urgent or emergency mental</li> </ul>	15-20mins	<ul style="list-style-type: none"> <li>• Power Point</li> </ul>

		health treatment and supports and/or transfer, or who are discharged to different levels of care within the mental health system		
7	Psychiatric Residential Crisis Stabilization Bed Policy	<ul style="list-style-type: none"> <li>▪ Staff will be able to describe the psychiatric residential crisis stabilization bed (PRCSB) facility discharge procedures for adult Mental Health Rehabilitation Services (MHRS) consumers who self-discharge or leave the facility against medical advice (AMA).</li> </ul>	15-20 mins	<ul style="list-style-type: none"> <li>• Power Point</li> </ul>
8	Supervising Encounter Notes	<ul style="list-style-type: none"> <li>▪ Supervisor and QI staff will learn their roles and responsibilities regarding documentation.</li> </ul>	25-30 mins	<ul style="list-style-type: none"> <li>• Power Point</li> </ul>

		<ul style="list-style-type: none"> <li>▪ Supervisors and QI staff will become familiar with common notes issues</li> <li>▪ Supervisors and QI staff will learn strategies for overcoming barriers to quality notes.</li> <li>▪ Supervisors and QI staff will learn strategies to support staff with improving their documentation.</li> </ul>		
9	Gender Identity Policy	<ul style="list-style-type: none"> <li>▪ Staff will learn definitions related to this policy</li> <li>▪ Staff will learn the purpose of this policy</li> </ul>	25-30 mins	<ul style="list-style-type: none"> <li>• Power Point</li> </ul>

		<ul style="list-style-type: none"> <li>▪ Staff will learn how to remain in compliance with this policy.</li> </ul>		
10	Informed Consent Policy	<ul style="list-style-type: none"> <li>▪ Staff will learn what the informed consent process is per DBH Policy.</li> </ul>	10-15 mins	<ul style="list-style-type: none"> <li>• Power Point</li> <li>•</li> </ul>
11	MUI Reporting Policy	<ul style="list-style-type: none"> <li>▪ Staff will learn what a MUI is.</li> <li>▪ Staff will learn what a UI is.</li> <li>▪ Staff will learn where to report MUIs.</li> </ul>	20-25 mins	<ul style="list-style-type: none"> <li>• Power Point</li> </ul>
12	Crisis Management & De-escalation Skills	<ul style="list-style-type: none"> <li>▪ Describe what a mental health crisis is</li> <li>▪ Recognize the signs that a person is experiencing a <ul style="list-style-type: none"> <li>○ mental health crisis</li> </ul> </li> <li>▪ Apply risk assessment skills in various scenarios</li> <li>▪ Utilize critical skills in crisis de-escalation</li> </ul>	1.5 Hours	<ul style="list-style-type: none"> <li>• Power Point</li> </ul>



		<ul style="list-style-type: none"> <li>▪ Create an effective, collaborative safety plan</li> <li>▪ Understand when to seek professional help</li> </ul>		
13	Adult Protective Services	<ul style="list-style-type: none"> <li>▪ Learners will learn what adult abuse is.</li> <li>▪ Learners will learn who are mandated reporters for adult <ul style="list-style-type: none"> <li>○ abuse.</li> </ul> </li> <li>▪ Learners will learn where to report suspicions of adult <ul style="list-style-type: none"> <li>○ abuse</li> </ul> </li> <li>▪ Where to report adult abuse concerns.</li> </ul>	30-40 mins	<ul style="list-style-type: none"> <li>• Power Point</li> </ul>
14	Guidelines for Suicide Prevention	<ul style="list-style-type: none"> <li>▪ Staff will understand how establish guidelines for the development of a Suicide Prevention and</li> </ul>	15-20 mins	<ul style="list-style-type: none"> <li>• Power Point</li> </ul>

		Intervention Plan (Plan)		
15	Supervision Policy	<ul style="list-style-type: none"> <li>▪ Supervisory and QI staff will learn how to review encounter notes</li> <li>▪ Supervisor and QI staff will learn common error to proper documentation</li> <li>▪ Supervisors and QI staff will learn how to support staff with writing high quality encounter notes.</li> </ul>	25-30 mins	<ul style="list-style-type: none"> <li>• Power Point</li> </ul>
16	Level of Care Unitization System	<ul style="list-style-type: none"> <li>▪ Staff will learn how to scoring the LOCUS</li> <li>▪ Staff will learn how to uses of the LOCUS to identify levels of care for the consumer.</li> <li>▪ Staff will demonstrate use of the LOCUS by scoring the LOCUS for case vignette.</li> </ul>	2-3 hours	<ul style="list-style-type: none"> <li>• Power Point</li> </ul>

17	Person Centered Care	<ul style="list-style-type: none"> <li>▪ Staff will learn how to write person centered diagnostic assessments</li> <li>▪ Staff will learn how to develop person centered plan of care</li> </ul>	1.5-2 hours	<ul style="list-style-type: none"> <li>• Power Point</li> </ul>
18	Authorizations	<ul style="list-style-type: none"> <li>▪ Learners will understand the process for obtaining authorizations</li> <li>▪ Learners will understand how many units are provided per service</li> <li>▪ Learners will understand the process for requesting additional units</li> </ul>	30 mins	<ul style="list-style-type: none"> <li>• Power Point</li> </ul>
19	Internship 1	<ul style="list-style-type: none"> <li>▪ Staff will be able to increase knowledge of the Prestige Healthcare internship program.</li> <li>▪ Staff will be able to gain a greater understanding of the roles inherent in field education.</li> </ul>	45 mins	<ul style="list-style-type: none"> <li>• Power Point</li> </ul>

		<ul style="list-style-type: none"> <li>▪ Staff will be able to gain insight into the process and skills involved in the student/field instructor relationship.</li> </ul>		
20	Internship 2	<ul style="list-style-type: none"> <li>▪ Staff will learn the different types of supervision for interns.</li> <li>▪ Staff will learn how to support interns.</li> <li>▪ Staff will learn how to navigate challenges with interns.</li> </ul>	45 mins	<ul style="list-style-type: none"> <li>• Power Point</li> </ul>
21	Outreach	<ul style="list-style-type: none"> <li>▪ Staff will learn what chapter 34 expectations for conducting outreach</li> </ul>	25 mins	<ul style="list-style-type: none"> <li>• Power Point</li> </ul>
22	Community Support Regulations	<ul style="list-style-type: none"> <li>▪ Staff will learn what community support is as outlined in chapter 34</li> </ul>	45 mins	<ul style="list-style-type: none"> <li>• Power Point</li> </ul>