

MENTAL HEALTH REHABILITATION SERVICES TRAINING PLAN #1

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Module #	Topic	Learning Objectives	Length	Method/Staff
1	Mental illnesses & Recovery Model	<ul style="list-style-type: none"> • Learners will explain what behavioral health is, the prevalence of mental illness, and how it impacts daily life. • Learners will dispel some common myths about mental illness • Learners will learn commonly used and misused mental health terminology • Learners will explore facts and data of some common mental health illnesses 	1-1.5 hour	<ul style="list-style-type: none"> • Power Point
2	Advance Directives	<ul style="list-style-type: none"> • Discuss advance directives and end-of-life care decisions. • Learn the different types of advance directives. • Recognize advantages and disadvantages of advance directives. • Identify resources that can help you complete your advance directives. 	45 minutes	<ul style="list-style-type: none"> • Power Point
3	Definitions and types of child abuse and neglect	<ul style="list-style-type: none"> • Understand your legal obligations as a mandated reporter • Define the types of child abuse and neglect • Recognize signs of child abuse and neglect • Identify groups of children who may be at a higher risk for abuse or neglect • Learn how to respond to a child who discloses abuse or neglect • Know how to prepare for and make a report of child abuse/neglect 	Self-paced; about 1 hour	https://cfsa.dc.gov/service/mandated-reporter-training

		<ul style="list-style-type: none"> • Understand the process that occurs after a report is made 		
4	Knowledge of medication, its benefits, and side effects	<ul style="list-style-type: none"> • Learners will understand what psychotropic medications are. • Learners will understand the use of psychotropic medications. • Learners will be able to describe non pharmaceutical interventions. • Learners will understand what is involved in the psychiatric evaluation. • Learners will be able to identify strategies to support a consumer who is prescribed psychotropic medications. • Learners will gain an understanding of how psychotropic medications work. • Learners will gain an understanding of what side effects may occur from psychotropic medications. 	2 hours	<ul style="list-style-type: none"> • Power Point

6	Integrated treatment for co-occurring psychiatric and addictive disorders	<ul style="list-style-type: none"> • Discuss the prevalence of co-occurring disorders in substance abuse treatment programs • Contrast co-occurring treatment with traditional addiction treatment • Give a rationale for integrated treatment • List instruments helpful for screening • Describe evidence-based therapies helpful in treating co-occurring disorders 	1.5 Hours	<ul style="list-style-type: none"> • Power Point
7	Crisis Management & De-escalation Skills	<ul style="list-style-type: none"> • Describe what a mental health crisis is • Recognize the signs that a person is experiencing a mental health crisis • Apply risk assessment skills in various scenarios • Utilize critical skills in crisis de-escalation • Create an effective, collaborative safety plan • Understand when to seek professional help 	1.5 Hours	<ul style="list-style-type: none"> • Power Point

8	MHRS provider's MHRS regulations, policies, and bulletins	<ul style="list-style-type: none"> • Learners will understand the difference between policies, bulletins, and regulations • Learners understand various key policies. 	1.5 Hours	<ul style="list-style-type: none"> • Power Point
9	Cultural competence and its relationship to treatment outcomes	<ul style="list-style-type: none"> • Define cultural and linguistic competency and related terms; • List three compelling reasons why cultural and linguistic competency is important to behavioral health and clinical practice; and • Describe the intersection of culture, health and social determinants 	1.5 Hours	<ul style="list-style-type: none"> • Power Point
11	Global Appraisal of Individual Needs (GAIN)	<ul style="list-style-type: none"> • Learners will understand how to utilize the GAIN-Short-Screener (SS) • Learners will understand when to use the GAIN-SS • Learners will be able to score the GAIN-SS • Learners will understand how to interpret GAIN-SS scores. 	1.5 Hours	<ul style="list-style-type: none"> • Power Point
12	Motivational Interviewing	<ul style="list-style-type: none"> • Learners will understand what Motivational Interviewing (MI) is. • Learners will understand the effectiveness of MI. • Learners will identify who can use MI. • Learners will identify the spirit and principles of MI. • Learner will identify the process and techniques of MI. 	1 Hour	<ul style="list-style-type: none"> • Power Point

		<ul style="list-style-type: none"> Learners will be able to identify the pros and cons of MI. 		
13	Clinical Documentation: Writing Encounter Notes	<ul style="list-style-type: none"> Describe the foundational steps to good documentation. Explain how encounter notes fit within the bigger picture of quality care. Define an encounter note Explain how encounter notes are used by person in care, direct service staff, provider agencies, and the government. Write encounter notes that follow the “SIRP” structure. Demonstrate best practice and effective strategies for writing detailed encounter notes. 	Self-paced about 1 hour	<ul style="list-style-type: none"> https://dbhtraininginstitute.networkofcare4elearning.org/OnlineCourseDetail.aspx?pId=123995
14	DC Department of Behavioral Health: Compliance and Accountability	<ul style="list-style-type: none"> Recall the laws and regulations relating to false claims. Define a false claim and its impact on individuals and organizations. List examples of encounter note problems that can result in a false claim. Describe the role of a whistleblower and the false claim reporting process. 	Self-paced about 1 hour	<ul style="list-style-type: none"> https://dbhtraininginstitute.networkofcare4elearning.org/OnlineCourseDetail.aspx?pId=153537
15	Administrative and Clinical Supervision	<ul style="list-style-type: none"> Learners will understand their roles and the different types of Supervision Learners will understand the various clinical supervision Models Learners will learn the process and components of Clinical Supervision Learners will learn common clinical supervision techniques Learners will learn about the supervision relationship – the therapeutic alliance 	2 Hours	<ul style="list-style-type: none"> Power Point

		<ul style="list-style-type: none">• Learners will practice with a case example		
16	Adult Protective Services	<ul style="list-style-type: none">• Learners will learn what adult abuse is.• Learners will learn who are mandated reporters for adult abuse.• Learners will learn where to report suspicions of adult abuse• Where to report adult abuse concerns.	1 Hour	<ul style="list-style-type: none">• Power Point